

## **Swimming Timetable – Main Pool**

	Monday	
	06:00 - 07:00	Lane Swimming
	07:00 - 08:00	Lane Swimming
	08:00 - 09:00	Lane Swimming
	09:00 – 09:45	Lane Swimming
	10:00 – 11:00	Ladies Only Lane Swim
	11:00 – 12:00	Ladies Only Lane Swim
	12:15 – 13:00	Lane Swimming
á	13:00 – 14:00	Lane Swimming
	14:00 – 15:00	Lane Swimming
ď	15:00 – 15:45	Lane Swimming
	16:00 – 17:30	Learn to Swim
	18:00 – 18:45	Lane Swimming
	19:00 – 20:00	Just Swim
	20:00 – 21:00	Just Swim
	21:15 – 22:00	Adult Only Lane Swim
		7.0.0.0 0 1.1.7 20.1.0 0 11.1.1.
	Tuesday	-40
	06:00 - 07:00	Lane Swimming
	07:00 - 08:00	Lane Swimming
	08:00 - 09:00	Lane Swimming
	12:00 - 13:00	Lane Swimming
	14:00 – 15:00	Lane Swimming
	15:00 – 15:45	Lane Swimming
	16:00 – 18:00	Learn to Swim
	18:15 – 19:00	Lane Swimming
1	19:15 – 20:00	Just Swim
ď	20:15 – 21:00	Lane Swimming
	21:00 – 22:00	Adult Only Lane Swim
	- 20	1
	Wednesday	
	06:00 - 07:00	Lane Swimming
	07:00 – 08:00	Lane Swimming
	08:00 – 09:00	Lane Swimming
	09:00 – 09:45	Lane Swimming
	10:00 – 11:00	Just Swim Older Adults
	11:00 – 11:45	Just Swim
	12:00 – 13:00	Lane Swimming
	13:00 – 14:00	Lane Swimming
	14:00 – 15:00	Lane Swimming
	15:00 – 15:45	Lane Swimming
	16:00 – 17:30	Learn to Swim
	18:00 – 18:45	Lane Swimming
	21:15 – 22:00	Adult Only Lane Swim
	06:00 - 07:00	Lane Swimming

Thursday	
06:00 - 07:00	Lane Swimming
07:00 - 08:00	Lane Swimming
08:00 - 09:00	Lane Swimming
12:15 – 13:00	Lane Swimming
14:00 – 15:00	Lane Swimming
15:00 – 15:45	Lane Swimming
16:00 – 17:30	Learn to Swim
18:00 – 18:45	Lane Swimming
19:00 – 19:45	Just Swim
20:00 - 21:00	Lane Swimming
21:00 - 22:00	Adult Only Lane Swim
Friday	- 100
06:00 – 07:00	Lane Swimming
07:00 – 08:00	Lane Swimming
08:00 – 09:00	Lane Swimming
09:00 – 09:45	Lane Swimming
10:00 - 11:00	Just Swim Older Adults
11:00 – 11:45	Just Swim
12:00 – 13:00	Lane Swimming
13:00 – 14:00	Lane Swimming
14:00 – 15:00	Lane Swimming
15:00 – 15:45	Lane Swimming
16:00 – 18:00	Learn to Swim
18:00 – 18:45	Lane Swimming
21:15 – 22:00	Adult Only Lane Swim
Saturday	P
08:00 – 12:00	Learn to Swim
12:15 – 13:15	Lane Swimming
13:15 – 14:15	Lane Swimming
16:00 – 17:00	Family Fun Inflatable
A	Session
17:00 – 20:00	Available for Parties

## Swimming Timetable – Main Pool

Sunday	460
08:00 - 09:00	Just swim
09:00 - 10:00	Just Swim
10:00 - 11:00	Family Fun
11:00 – 11:45	Family Fun
12:00 – 13:00	Lane Swimming
13:00 – 13:45	Lane Swimming
14:00 - 15:00	Family Fun
15:00 – 16:00	Family Fun
16:00 – 16:45	Family Fun
17:00 – 18:00	Lane Swimming
18:00 – 19:00	Lane Swimming