

Monday

09:00 – 09:30	Aqua Jog
09:45 – 10:30	Aquafit
12:30 – 13:30	Just Swim
15:00 – 15:45	Just Swim
16:00 – 19:00	Learn to Swim
19:15 – 20:00	Aquafit
20:05 – 20:50	Aqua Zumba
09:00 – 09:30	Aqua Jog

Tuesday

09:30 – 12:30	Learn to Swim
15:00 – 15:45	Just Swim
16:00 – 19:00	Learn to Swim
19:15 – 20:00	Just Swim
20:00 – 22:00	Learn to Swim

Wednesday

09:00 – 09:30	Aqua Jog
09:45 – 10:30	Aquafit
12:00 – 13:30	Learn to Swim
15:00 – 15:45	Just Swim
16:00 – 19:00	Learn to Swim
19:15 – 20:00	Aquafit

Thursday

09:30 – 12:30	Learn to Swim
15:00 – 15:45	Just Swim
16:00 – 19:00	Learn to Swim
19:15 – 20:00	Just Swim
20:00 – 22:00	Learn to Swim

Friday

09:00 – 09:45	Aqua Zumba
12:00 – 13:30	Learn to Swim
15:00 – 15:45	Just Swim
16:00 – 19:00	Learn to Swim
19:15 – 20:00	Lane Swimming
20:00 – 21:00	Lane Swimming
21:00 – 22:00	Lane Swimming

Saturday

08:00 – 12:00	Learn to Swim
12:30 – 13:30	Disability Swim
15:15 – 16:00	Family Fun
16:15 – 17:00	Family Fun

Sunday

08:00 – 09:00	Just Swim
09:00 – 10:00	Just Swim
10:30 – 11:15	Aquafit
12:00 – 13:00	Just Swim
13:00 – 13:45	Family Fun
15:00 – 16:00	Family Fun
16:00 – 17:00	Family Fun
17:00 – 18:00	Just Swim